

The Michael Pryce and Christine Goodfellow Memorial Time Trial promoted by The North Lancashire Road Club for and on the behalf of The Cycling Time Trials under their Rules And Regulations.

Saturday 16th April 2022 at 7.00 hrs on Course L101

NOTE: First Rider off at 08:10

Timekeepers: Messrs Peter Briscoe & Terry Parker

Organiser: Terry Parker, 4 Hindle Fold Lane, Gt. Harwood, BB6 7PT Tel: 07791555823

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Course Details: Start approximately 700yds north of the traffic lights on the Garstang by-pass, at a point in the cycle lane on the A6, directly opposite lamppost number 423. Proceed north along the A6 then encircle the traffic island at Hampson Green (4.87miles). Retrace the route along the A6 past the starting point. Finish at the lamppost number 411 on the east side of the road 215 yards north of the traffic lights. (10 miles).

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users

CTT Regulation 17: Signing-on Sheet and Signing-Out Sheet:

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing-Out Sheet

The following local regulations will apply:

- Local Regulation No.1: Motor vehicles must NOT be parked on the grass verge along the A6 from Green Lane traffic lights to the junction with Snapewood Lane, or on the B6430, nor on any of the private premises near the start or finish.
- Local regulation No.2: Motor vehicles must NOT be parked on the grass verges on the B5272 (Cockerham Road) west of the A6. Or within 100yards of the traffic lights. Thereafter parking is only ALLOWED on the SOUTH side of the road.
- Local Regulation No.5: In ALL events, competitors prior to starting are not permitted to ride past the finish time-keeper during the duration of the event.
- Local Regulation No.6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

- Local Regulation No.10: Course L101 and L1015 – warming up on the course is not permitted during the event.
- Local Regulation No.15: Riders must keep to the left hand side of the road except when overtaking.
- Local Regulation No.16: For events on the course L101 competitors waiting for their start must keep off the A6 and use the adjacent cycle path without causing obstruction.

Riders must give their numbers at the finish and elsewhere on the course if requested.

Riders must not stop on the A6 after passing the time-keeper as this is a clearway. (The clearway is from the south end of Garstang by-Pass to Hampson Green Roundabout).

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is in breach of regulations).

Riders must NOT RIDE WITH THEIR HEAD DOWN.

All competitors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (see Reg.15). Cycling Time Trials and the event promoters strongly advise all competitors to wear a Hard Shell Helmet that meets an internationally accepted safety standard.

Advisory Note: Bad weather over the winter period may have resulted in deteriorated road conditions.

HEADQUARTERS. Catterall Village Hall, Garstang Road, Catterall Preston PR3 1XN. Sign on, collect number and please return number when signing off. Have a brew on us!

Note: Allow 15minutes to ride to the start, approximately 2miles.

A copy of the risk assessment will be available for viewing at the Headquarters..

Prize List Note: One rider on prize except for Team Prize. There will not be any Prize Presentation at the end of the event. Prizes will be made later via credit transfer.

FASTEST MAN: £40 plus the Michael Pryce Memorial Trophy to be held for one year.

2nd fastest man: £25, 3rd £15,

FASTEST LADY: £40 Plus the Christine Goodfellow Memorial Trophy to be held for one year.

2nd Fastest Lady: £25, 3rd £15,

FASTEST JUVENILE £10

FASTEST JUNIOR: £10

FLAME ROUGE £10

FASTEST TEAM OF 3: £10 per rider

FASTEST VETS: 40-44 £10, 45-49 £10, 50-54 £10, 55-59 £10, 60-64 £10, 65-69 £10, 70-74 £10.

Have a safe and enjoyable ride

Terry